

Bethany Retreat Center



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2016 – 2017 PROGRAMS

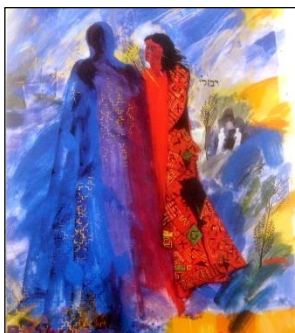
Coffee and Contemplation—*Gathering for Women*

9:00AM – 10:30AM 2nd Wednesday of the month
(October – May)

Women are invited to gather monthly in a graced rhythm of prayer, input and sharing on the spiritual life. Enjoy a cup of coffee/tea and pastry, too!

What does it mean to live a holy life?

This year, our time together will focus on growing in holiness by reflecting on the words and experiences of some of the women in the Gospel. The lives of each of these women intersected with the life of Jesus—and each one was transformed through her unique encounter with him.



More than 2000 years later, these women inspire and become models of virtue for us: Mary's heart of faith, the sinful woman's heart of love, the poor widow's generous heart, the faithful heart of Mary of Magdala... They call us to be passionate seekers of the God who first seeks us.

Gregory of Nyssa, an early Father of the Church once said, "The goal of a virtuous life is to become like God." Now who of us would not desire that? With God's grace, living a virtuous life—a holy life, *is* possible, even in the midst of our sometimes 'crazy-busy' lives. Come and see...

Facilitated by Sister M. Jennifer Kramer, SND
Donation is \$5.00 per session or \$30.00 for the series.

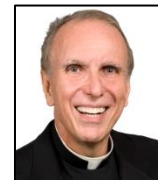
More Bethany program offerings and registration information on page 2...

Gratitude: Seeing as Gift

12 DVD lectures by Fr. Anthony Ciorra, Ph.D.

9:30AM – 11:00AM 3rd Wednesday of the month
(October – March)

In this lecture series, Fr. Ciorra encourages participants to **transform their lives with the spirituality of gratitude**. Participants learn that gratitude is at the heart of all spirituality, as it is the path that leads to deeper love and awareness of God, self and the world. In addition, positive attitudes are fostered, attitudes that open hearts to love, forgiveness and peace.



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Donation is \$5.00 per session or \$20.00 for the series.

Quiet Day of Prayer

9:30AM – 2:30PM

Tuesday, Nov. 15, 2016

Thursday, Jan. 12, 2017

Tuesday, Mar. 14, 2017

Wed, May 3, 2017

Bethany Retreat Center and God's beauty in the seasons of nature provide a peaceful and welcome setting in which to pause for a few hours to be attentive and reflective—to meet God as you gently come away and slow down. The time



begins and ends with prayer together and in between you are free to create your own day: take a walk, read, relax with a cup of tea, pray before the Blessed Sacrament, write, draw or paint. **Enter into the silence** and emerge refreshed and more aware of God's presence in your life. Stay all day or an

hour or two. Lunch is available.

Donation is \$5.00 or \$10.00 includes a box lunch

2016 – 2017 PROGRAMS

Elizabeth of the Trinity—*A Rendez-vous of Love*

9:00AM – 10:30AM 1st Tuesday of the month
(October – May)

On October 16, 2016, Elizabeth of the Trinity will be canonized as one of our newest saints of the Church. Who is she and what does this obscure French Carmelite have to say to us today? Vatican II reminded us that we are all called to holiness. This call is wonderfully reflected in the life and spirituality of Elizabeth. Her spirituality is rooted in her rendez-vous of love with the Trinity who dwells within her. It's no different for us—through our own Baptism, we too participate in this same life of the Trinity. That's why **Elizabeth is a true soul-friend for our time**. She shows us how to live in union with God through our ordinary, daily living. On this way of holiness, come and meet Elizabeth—dear friend, faithful model and believable witness to this life of communion with the Trinity.



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The Transfigured Brain — *Exploring Mystical Prayer, Liturgical Ritual, and Brain Science*

9:30 AM – 5:00 PM Saturday, February 4, 2017

Research by scientists who study the brain has shown that something happens when God and human persons interact in prayer and liturgy. **The dialogue between faith and science is expanding our understanding of who we are and how we are “wired” for God.** This day will offer presentations on the relationship between brain science, mystical prayer, and liturgical worship. Looking through the lens of brain science at what happens to us physically, psychologically, emotionally, relationally, and spiritually when we pray, we can discover new pathways to knowing God, ourselves, and the world around us. This day will include reflection time, lunch, and conclude with the celebration of Sunday Mass.

Facilitated by Dr. Edward Kaczuk, Fr. Michael Woost, and students from St. Mary Seminary
Donation is \$30.00 which includes lunch

Advent Afternoon of Quiet

1:00PM – 4:00PM Sunday, December 4, 2016

Need a little quiet time and space away from the hustle and bustle of ‘Christmas in the Malls’? The hectic pace and busyness of the season often pulls us away from our desire to enter peacefully and mindfully into the Advent season and prepare our hearts for Christ’s coming once again. **Give yourself the gift of an afternoon of quiet prayer—alone with God.** Bethany will be open and quiet for you to come and pray as you wish. Simple refreshments will be available throughout the afternoon.

Donation is \$5.00 for the afternoon

Lenten Day of Prayer

How Do We Get Everything to Belong?

3 CD lectures by Fr. Richard Rohr, OFM
10:00AM – 4:00PM Saturday, March 18, 2017

In these lectures, Fr. Richard Rohr leads participants to look at the struggle that we all face to be in the place where ‘everything belongs.’ This teaching is excellent for all sojourners on the path of spiritual discovery and transformation. Fr. Richard illustrates the importance of the stumbling blocks that life inevitably places in our paths that lead us into liminal space where transformation takes place. **In this transformation we learn to live with paradox and to be held in the Presence.**



Facilitated by Sister M. Jeanette Brown, SND
Donation is \$20.00 which includes lunch

For further information or to register contact:

Sister M. Jennifer Kramer, SND
Director Bethany Retreat Center
440-279-1143 or jkramer@ndec.org

Please register at least 1 week prior to program.