

Bethany Retreat Center



Sisters of Notre Dame ♦ 13000 Auburn Road ♦ Chardon, Ohio 44024 ♦ 440-279-1143 ♦ jkramer@ndec.org ♦ www.sndchardon.org

2019 – 2020 PROGRAMS

♦ Called to Something More...

St. Teresa of Avila and *The Way of Perfection*

9:00AM – 10:30AM 1st Tuesdays Oct. – May
(except first session: Oct. 8, 2019)

In 1566, Teresa of Avila wrote *The Way of Perfection*. Over 450 years later, her wisdom and experience continue to speak to us in the 21st century with an amazing freshness and meaning. *The Way of Perfection* becomes for us a radical challenge to the busyness of our technologically driven lives. Her great desire is to teach us a deep and lasting love of prayer—a way to grow in intimacy with Jesus. Her writing is sublime, yet this piece is the most easily understood of all her works. Our monthly series invites us to read and explore this journey of prayer. Join Teresa as she calls us to ‘something more’—*The Way of Perfection*.



Facilitated by Sister M. Jennifer Kramer, SND
Donation: \$6.00 per session or \$40.00 for the series

♦ A Journey of the Heart:

Centering Prayer Introductory Program

9:30AM – 11:00AM 7 Mondays Oct. 21 – Dec. 2



Centering Prayer is a prayer form where in solitude and silence we come to know and live from the Divine Mystery (the ever-present God of Love) within us. It is based on Matthew 6:6 and the writings of John of the Cross, Teresa of Avila, Thomas Merton and many others. In this workshop, learn the origin, purpose, method and principles of Centering Prayer and have the opportunity to briefly practice this ancient prayer form in a quiet, reflective atmosphere.

(Participation is limited to 20 – Register by October 5)

Facilitated by Sister Paulamarie Lacy, SND
Donation is \$6.00 per session or \$35.00 for the series

♦ Quiet Day of Prayer 9:30AM – 2:30PM

Thursday, Oct. 24, 2019 Tuesday, Dec. 10, 2019
Thursday, Jan. 23, 2020 Tuesday, Mar. 10, 2020
Wednesday, April 29, 2020

Bethany Retreat Center and God’s beauty in the seasons of nature provide a peaceful and welcome setting in which to pause for a few hours to be attentive and reflective—to meet God as you gently come away and slow down. The time begins and ends with prayer together and in-between you are free to create your own day: take a walk, read, pray before the Blessed Sacrament, journal. Enter into the silence and emerge refreshed and more aware of God’s presence in your life. Stay all day or an hour or two.

Donation is \$12.00 which includes a box lunch

♦ Intimacy With God: The Divine Ambush

CD lecture series with Dr. James Finley and
Father Richard Rohr, OFM

9:30AM – 11:00AM 4th Tuesdays Oct. - April

Dr. Finley and Fr. Richard will be ‘present’ via CDs from The Center for Action and Contemplation. Together they will help us rediscover our longing for union with God. They offer clear parallels between human and divine intimacy, how each enriches and educates the other. Learn the ways of surrendering to the Love that undergirds all and experience transformation through relationship with God



Facilitated by Sister M. Jeanette Brown, SND
Donation is \$6.00 per session or \$30.00 for the series

More Bethany program offerings on page 2...

◆ Book Sharing:

We Walk the Path Together by Brian J. Pierce, OP

11:00AM – 12:00PM 4th Tuesdays Oct. - April

Through reflections on the medieval Christian Mystic, Meister Eckhart, and the Vietnamese Zen Master, Thich Nhat Hanh, this book celebrates the common spiritual ground shared by Christians and Buddhists. “*This book is an invitation to live differently. There is a journey to be made, quietly and calmly, dwelling in each succeeding moment, knowing that the Kingdom of God is now or never.*” (Timothy Radcliffe, OP)
Participants provide their own book.

Facilitated by Sister M. Jeanette Brown, SND

Donation is \$6.00 per session or \$30.00 for the series

◆ Bethany Film Festival:



9:30AM – 11:30AM 3rd Wednesdays

Viewing the DVD, followed by sharing/reflection

November 20, 2019 *The Human Experience*

January 15, 2020 *Finding Joe*

February 19, 202 *I Am*

March 18, 2020 *The Power of the Heart*

Facilitated by Sister M. Jeanette Brown, SND

Donation is \$6.00 per session or \$20.00 for the series

◆ Wintertime Day of Reflection:

Becoming the Saints We Already Are

Saturday, February 15, 2020 10:00AM – 2:00PM



This time of reflection will include a CD presentation by Fr. Daniel Horan, OFM, time for personal quiet and group sharing. This talk expands on a conversation between Thomas Merton and his friend, Robert Lax. The question they were talking about was, “*What do you want to be?*” Lax believed we should want to be a saint

and that all that is necessary is to *want* to be one! Fr. Horan speaks about the call we each have to become the saints we already are, but don’t believe we are.

Facilitated by Sister M. Jeanette Brown, SND

Donation is \$30.00 which includes lunch

Special Events for the Liturgical Seasons

◆ Advent Day of Prayer for Women

Mary, Our Wellstream of Resilience

Saturday, December 7, 2019 10:00AM – 3:00PM



This day of prayer will focus on *resilience*, what it is, why we need it in our lives and how we can foster its growth. Throughout the experience we’ll turn to Mary as a resilient woman and a ready companion.

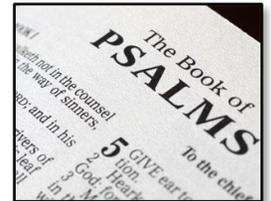
Facilitated by Sister Kathleen Hine, SND
Donation is \$35.00 which includes lunch

◆ Lenten Series

Formed by the Word of God: The Transforming Power of the Psalms

9:30AM – 11:00AM 5 Thursdays Feb. 27 – March 26

The psalms have a prominent place in the prayers of the Church. During these five sessions, you will be guided to *experience* their transforming power. It is my hope that these sessions will awaken in you a desire to give the psalms a greater place in your prayer. Bring your favorite translation of the Bible and a heart open to what the psalms tell us about God, about ourselves and about others.



Facilitated by Sister Mary Theresa Betz, SND

Donation is \$6.00 per session or \$25.00 for the series

◆ Lenten Day of Prayer

Sunday, March 15, 2020 (More info to come...)

Presenter: Father Michael G. Woost of St. Mary Seminary

To register for any program, contact:

Sister M. Jennifer Kramer, SND
440-279-1143 or jkramer@ndec.org

Please register at least 1 week prior to program